

How to Order

You can find all My Comforter weighted blankets in the Longsmith Cottage Shop on Etsy, a secure online arts and crafts marketplace.

Go to www.LongsmithCottage.com and click on the Longsmith Cottage Shop.

To order a Custom weighted blanket

1. Select the Custom listing size of your choice and click on "Request a Custom Order".
2. In the message box, tell us your fabric colors and pattern preferences, and the weight that you need.
3. We'll email you pictures of fabric combinations to choose from.
4. Once you have chosen the fabric, we'll create a listing for your custom comforter from which you can order.

To order a Comfort for Kids weighted blanket

1. Select the listing of your choice.
2. Choose the amount of weight that you need, and add the item to your cart.

Check out the Shop for our ready-made Lap Pads and Therapy Sets, too!

What's everyone saying about My Comforter weighted blankets?

My grandson who is Autistic loves his quilt & I love mine also. Worth every penny for the quality of work she does. Thanks!

My niece loved it. Seems to really help her. Thanks so much!

I LOVE this blanket. It has really helped me manage my anxiety.



It's beautifully made. Customized in pattern and weight for my boy. It's perfect and her time, care, compassion and speedy fulfillment is such a blessing! My boy is sleeping so well!!!

She says she is sleeping much much better. Since she was 5 years old she has struggled with anxiety (when her father passed). It is the hardest at night when she is trying to quiet her mind. This blanket has been an answer to prayer!!

The kids are really sleeping so much better it's unbelievable.



This seller was a dream to work with and went above and beyond to assure satisfaction with chosen fabrics!!! The craftsmanship is superb and the price is extremely reasonable! Thanks-my daughter loved her Christmas present!

Omg! He absolutely loved the blanket. Put his pillow on the floor in the family room and laid down with it. Thank you so so much.



My Comforter™

by Longsmith Cottage

www.LongsmithCottage.com

Use and Safety

- ❖ Consult a therapist prior to use.
- ❖ Comforters should not exceed the recommended weight (10% of body weight + 1 pound).
- ❖ Comforters should cover the individual from chin to toes, with most of the weight on the body rather than the bed.
- ❖ Never cover the head and face with the comforter.
- ❖ The user should be capable of independently removing the comforter.
- ❖ Comforters should never be used as restraints.
- ❖ Comforters should not be used for infants under age 1.
- ❖ Use of comforters by young children should be adult-supervised.
- ❖ Comforters contain small parts which may present a choking hazard if subjected to inappropriate use that causes ripping or tearing of the fabric.



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quilted weighted blankets that provide comforting and calming sensory benefits

*And I will ask the Father and He will give you another Comforter to be with you forever.
John 14:16*

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What is a weighted blanket?

❖ As a part of deep pressure touch stimulation (DPTS) therapy, weighted blankets are often used by occupational therapists to help children and adults with sensory processing disorders, ADHD, anxiety, stress, trauma, or autism.

❖ My Comforter weighted blankets provide gentle pressure that hugs the body to produce a calming and relaxing effect for a better night's sleep.

❖ The weight of the comforter molds to the body to aid in relaxing the nervous system and encouraging production of serotonin, to help in calming, grounding, and maintaining focus during daily activities.

❖ Effects of Deep Pressure Stimulation on Physiological Arousal. Stacey Reynolds; Shelly J. Lane; Brian Mullen. American Journal of Occupational Therapy, April 2015, 69:1-5.

❖ Calming Effects of Deep Touch Pressure in Patients with Autistic Disorder, College Students, and Animals. Temple Grandin. Journal of Child and Adolescent Psychopharmacology. June 2009, 2(1): 63-72.

❖ Each comforter is a handcrafted whole cloth or patchwork quilt, which lessens the stigma associated with institutional aids for mental and emotional health.

❖ Comforters are constructed with a quilt top, solid back, and a durable muslin lining to contain the beads that provide the weight.

❖ Quality 100% cotton fabrics are used for cool, breathable comfort.



❖ Quality, nontoxic polypropylene beads are added to the comforter to exact weight requirements, and are sewn into the blocks of the quilt so that bead weight remains evenly distributed in the comforter.

❖ Comforter weight is customized to each individual.

❖ Comforters can be machine washed and dried on low heat.

Comfort for Kids™

fun and affordable weighted blankets

Comfort for Kids is our new line of kid-size weighted blankets, ready-made in kid-friendly whole cloth fabrics with your choice of weight, up to 10 lbs.

The same quality materials and construction are used as with all My Comforter weighted blankets – we've just streamlined and simplified the process to make Comfort for Kids weighted blankets an affordable option for our most special kiddos!

Size	Weight*	Cost
Lap Pad 10x20	3 lbs.	\$19
Small 24x40	up to 5 lbs.	\$49
Medium 32x52	up to 10 lbs.	\$59
*recommended wt. : 10% of body wt. + 1 lb. (ex. 4 lbs. of beads for a 30 lb. child)		

Fabric choices change often, so order today, at www.LongsmithCottage.com!



My Comforter™ Custom

My Comforter Custom weighted blankets are tailored to your color, pattern, and design preferences! Just tell us what you're looking for – from paw patrol to princesses, or shabby chic florals to outdoorsy plaids – we can find the perfect fabrics to make a weighted blanket that's your very own!

Check out the My Comforter gallery at www.LongsmithCottage.com!

Size	Weight*	Cost
Lap Pad 12x24	3 lbs.	\$30
16x24	5 lbs.	\$45
Small 24x40	up to 7 lbs.	\$75
Medium 32x52	up to 12 lbs.	\$125
Large 40x64	up to 20 lbs.	\$175
X-Large 48x76	up to 25 lbs.	\$225

*recommended wt. : 10% of body wt. + 1 lb.
(ex. 4 lbs. of beads for a 30 lb. child)